

Fernie Nordic Society 2017-2018 Membership and Programs

Watch for upcoming events and information on our website at www.fernienordic.com

MEMBERSHIP

Memberships help us maintain our ski trails, and offer programs and events throughout the winter. Fees shown here are valid after Nov 15, 2017

Family Membership \$170 (pay by Nov 15: \$150) Family = 2 adults + 2 child - each additional child \$19

Student (up to 18) Membership \$ 50 (pay by Nov 15: \$40) Adult (19+) Membership \$ 75 (pay by Nov 15: \$65)

Corporate Membership is also available. Email membership@fernienordic.com

The first \$19 per person of this membership is a fee required by Cross Country Canada / Cross Country RC (Membership fees can be

reduced or waived in	some circumstar	nces - contact (us at members l				nforr	·		
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PLEASE MAIL T				WAIVER TO:			-	ment Metho		
FERNIE NORDIC SOCIETY				Cheque or Cash with this form						
PO BOX 843 FERNIE, BC VOB 1M0				PayPal and Credit Card may be used online						
Or drop off at the warming hut of the Nordic Centre during the				Please make cheques payable to						
	we	ekends only.					Fer	nie Nordic Socie	ety	
Volunteers make							teer			
☐ Coaching		Ambassador	☐ Invento			ndraising		☐ Director-	at-Large	
☐ Events & Rac	ces 🛛 Race T	ımıng	☐ Member	ersnip 🗀	ıra	ails (Fall)		☐ Signage		

SKILL DEVELOPMENT PROGRAM

The Skill Development Program is for kids aged 3 and up. Weekly sessions on Saturdays at 10:30 AM at the Nordic Centre and on Tuesdays after school at the Golf Course, starting in January for 10 weeks.

Kids must be members to enroll, and must be listed on the waiver.

Bunnyrabbits (age 3-5): \$60 for Sat or Tue sessions

Jackrabbits (6 to 10): \$70 for Sat or Tue sessions

TrackAttack (11 to 16): \$75 both sessions

Select one set of sessions or both for additional training. It is highly recommended for TrackAttack skiers to attend both sessions.

The rental gear is for kids registered in lessons. This is not available this year for race team members nor adults.

	First Child	Child #2	Child #3		
Name					
Bunnyrabbit - Saturdays	\$60 □	\$60 □	\$60 □		
Bunnyrabbit - Tuesdays	\$60 □	\$60 □	\$60 □		
Jackrabbit - Saturdays	\$70 □	\$70 □	\$70 □		
Jackrabbit - Tuesdays	\$70 □	\$70 □	\$70 □		
TrackAttack - Sat & Tue	\$75 □	\$75 □	\$75 □		
Child #1	Child #2	Child #3	(B)		
<u>Total Programs</u> = \$	+ \$	+ \$ =	\$		
Ski Gear Rentals (for season) x \$50 per set = \$					
Skate Rentals (for TrackAttack only)	x \$25 p	er set = \$	_ (D)		

As a guardian of a SDP skier, you will receive email updates on lessons. Please confirm you agree $\ \square$

RACE TEAM - FERNIE NORDIC RACERS

Skiers aged 9 to 16 with previous experience with the SDP program may join our Race Team, the Fernie Nordic Racers. Several training sessions weekly under the supervision of certified coaches. The racer's fee includes his/her individual membership fee.



	First Child	Child #2	Child #3
Name			
Race Team - age 9 to 12	\$325 □	\$325 □	\$325 □
Race Team - age 13 and up	\$375 □	\$375 □	\$375 □
Child #1	Child #2	Child #3	
<u>Total Race Team</u> = \$	+ \$	+ \$	= \$ E

IMPORTANT: Racers must also complete the Race Team Application Form

As a guardian of a racer, you will receive email updates on lessons. Please confirm you agree \Box



CROSS COUNTRY CANADA INFORMED CONSENT AND ASSUMPTION OF RISK AGREEMENT

By signing this document you will assume certain risks. Please read carefully.

1.	This is a binding legal agreement. As a Participant in the sport of cross-country skiing and the programs, activities and events
	of Cross Country Canada and Canadian Snowsports Association (hereinafter called CCC/CSA),
	Cross Country BC (name of Ski Division, hereinafter called the Division) and Fernie Nordic Society Ski Club (name of
	Club, hereinafter called Club) which include without limitation cross-country skiing competitions, camps, clinics, and related
	activities such as roller-skiing, road cycling, running and hiking (hereinafter called the Activities), the Participant and/or the
	Parent/Guardian of the Participant (hereinafter called the Parties), acknowledge and agree to the following terms:

Description of Risks

- 2. The Participant is participating voluntarily in the **Activities**. In consideration of the Participant's participation in the **Activities** sanctioned by one or more of **CCC/CSA**, the **Division** and the **Club**, the **Parties** hereby acknowledge that they are aware of the risks, dangers and hazards associated with or related to the **Activities**, and may be exposed to such risks, dangers and hazards include, but are not limited to, injuries from:
 - a) training whether indoor or outdoor including strength training, running, hiking, and cycling;
 - b) overusing, exerting and stretching various muscle groups and strenuous cardiovascular workouts;
 - c) vigorous physical exertion, rapid movements and quick turns and stops;
 - d) falling to the ground due to slips, trips or uneven, slippery or irregular terrain or surfaces;
 - e) contact, colliding or being struck by skis, ski poles, equipment, trees, other individuals or other fixed objects;
 - f) failing to participate within one's abilities, skill and within designated areas;
 - g) becoming lost or separated from the group or the group becoming split up;
 - h) failure to properly use any piece of equipment or from the mechanical failure of any piece of equipment;
 - i) extreme weather conditions which may result in frostbite, hypothermia, snowstorms, sunstroke or lightning strikes;
 - j) encounters with animals or plants including allergic reactions:
 - k) travel to and from training, competitive events and associated non-competitive events which are an integral part of Activities; and
 - 1) other risks normally associated with participation in the **Activities**.

3. Furthermore, the Parties are aware:

- a) that injuries sustained may be severe, paralyzing or fatal;
- b) that the Participant may experience anxiety or embarrassment while challenging themselves during the activities, events and programs of CCC/CSA, the Division and the Club;
- c) that the risk of injury is reduced if the Participant follows all rules established for participation; and
- d) that the risk of injury increases as the Participant becomes fatigued.

Disclaimer

4. In consideration of CCC/CSA, the Division and the Club accepting the Participant's application for membership in the Club or allowing the Participant to participate, the Parties agree that CCC/CSA, the Division and the Club andits respective directors, officers, committee members, members, employees, volunteers, participants, agents and representatives are not responsible for any injury, personal injury, damage, property damage, expense, loss of income or loss of any kind suffered by the Participant during, or as a result of, any of the Activities sanctioned by one or more of CCC/CSA, the Division and the Club, caused by the risks, dangers and hazards associated with the Activities.

Acknowledgement

- 5. The **Parties** confirm that:
 - the Participant's physical condition is sufficient to allow participation in the sport of cross-country skiing and the activities, events and programs of **CCC/CSA**, the **Division** and the **Club**;
 - b) they have been provided sufficient information about **Activities** and the associated risks and hazards so that they are aware of the effect of this agreement;
 - c) the Participant agrees to abide by the Rules and Regulations imposed by CCC/CSA, the Division and the Club, in association with the Activities, and to follow the instructions of the officials during the Activities; and
 - d) they have read this agreement understand it, have executed this agreement voluntarily, and that this agreement is to be binding upon the **Parties**, their heirs, executors, administrators and representatives.

- 6. In addition, the **Parties**:
 - a) authorize CCC/CSA, the Division and the Club to collect and use personal information about the Parties which relates in any way to the Activities, including without limitation the publication of photographs in newsletters and promotional materials, and the posting of photographs, videos, articles, rosters, statistics, images and results on the CCC/CSA, the Division and the Club websites;
 - b) grant permission to CCC/CSA, the Division and the Club to photograph and/or record the Parties image and/or voice, and to use this material to promote CCC/CSA, the Division and the Club through any form of and agree that the audio/visual material and copyright will remain the sole property of CCC/CSA, the Division and the Club and waive any claim to remuneration for use of audio/visual materials used for these purposes; and
 - c) understand that they may withdraw such consent at any time by contacting Cross Country Canada at 403-678-6791. Cross Country Canada will advise the implications of such withdrawal.

We do not sell or distribute your personal information to any other third party not listed herein.

I, the Participant and/or Parent/Guardian, have read and agree to be bound by this agreement Please list all members/Participants below:

Date:	Name: Date: Signature:				
Name:	Name:				
Date:	Date:				
	Signature:				
NOTE: if the Member/Participant is under 19 years of age, parent or legal guardian MUST sign below.					
Name of Parent/Guardian:	_				
Date:					
Parent/Guardian Signature:					

NOTE:

All Informed Consent and Assumption of Risk Agreements are to remain with the **Club Executive for a minimum of three years. DO NOT** submit these forms to **CCC/CSA** or the **Division** Office