



Fernie Nordic Society

2019-2020 Membership and Programs

Watch for upcoming events and information on our website at www.fernienordic.com

MEMBERSHIP

Memberships help us maintain our ski trails, and offer programs and events throughout the winter.

| | | | |
|-----------------------------|-------|-----------------------------------------------------|------|
| Family Membership | \$180 | Family = 2 adults + 2 child - each additional child | \$19 |
| Youth (up to 18) Membership | \$ 55 | | |
| Adult (19+) Membership | \$ 80 | | |
| Senior (65+) | \$ 70 | | |

Corporate Membership is also available. Email membership@fernienordic.com

The first \$19 per person of this membership is a fee required by Cross Country Canada/Cross Country BC (Membership fees can be reduced or waived in some circumstances - contact us at membership@fernienordic.com for more information)

| First Person | Person #2 | Person #3 | Person #4 |
|-------------------------------------------|-------------------------------------------|-------------------------------------------|-------------------------------------------|
| Name _____ | Name _____ | Name _____ | Name _____ |
| Birthdate _____ | Birthdate _____ | Birthdate _____ | Birthdate _____ |
| Gender M F | Gender M F | Gender M F | Gender M F |
| Membership Type | Membership Type | Membership Type | Membership Type |
| Family <input type="checkbox"/> | Family <input type="checkbox"/> | Family <input type="checkbox"/> | Family <input type="checkbox"/> |
| Adult <input type="checkbox"/> | Adult <input type="checkbox"/> | Adult <input type="checkbox"/> | Adult <input type="checkbox"/> |
| Youth <input type="checkbox"/> | Youth <input type="checkbox"/> | Youth <input type="checkbox"/> | Youth <input type="checkbox"/> |
| Senior <input type="checkbox"/> | Senior <input type="checkbox"/> | Senior <input type="checkbox"/> | Senior <input type="checkbox"/> |
| Add'l Child <input type="checkbox"/> | Add'l Child <input type="checkbox"/> | Add'l Child <input type="checkbox"/> | Add'l Child <input type="checkbox"/> |
| Returning member <input type="checkbox"/> | Returning member <input type="checkbox"/> | Returning member <input type="checkbox"/> | Returning member <input type="checkbox"/> |

| Person #5 | Person #6 | Person #7 |
|-------------------------------------------|-------------------------------------------|-------------------------------------------|
| Name _____ | Name _____ | Name _____ |
| Birthdate _____ | Birthdate _____ | Birthdate _____ |
| Gender M F | Gender M F | Gender M F |
| Membership Type | Membership Type | Membership Type |
| Family <input type="checkbox"/> | Family <input type="checkbox"/> | Family <input type="checkbox"/> |
| Adult <input type="checkbox"/> | Adult <input type="checkbox"/> | Adult <input type="checkbox"/> |
| Youth <input type="checkbox"/> | Youth <input type="checkbox"/> | Youth <input type="checkbox"/> |
| Senior <input type="checkbox"/> | Senior <input type="checkbox"/> | Senior <input type="checkbox"/> |
| Add'l Child <input type="checkbox"/> | Add'l Child <input type="checkbox"/> | Add'l Child <input type="checkbox"/> |
| Returning member <input type="checkbox"/> | Returning member <input type="checkbox"/> | Returning member <input type="checkbox"/> |

PLEASE NOTE:

Take advantage of our early-bird rates by going online **until Nov 30** to save about \$10 per person. It is quick and secure at **Zone4.ca** or <http://tiny.cc/hwwzbz>

| | | | | | | |
|---------------------|------------|------------|------------|------------|-------------|------------|
| Total Memberships = | Family | Adult | Youth | Senior | Add'l Child | (A) |
| = \$ _____ | + \$ _____ | + \$ _____ | + \$ _____ | + \$ _____ | = \$ _____ | |

PRINT Name: _____
 Postal Address: _____
 Postal Code: _____ Telephone: _____
 Email: _____

Subscribe to our occasional emails
 - select one or all

Club Notices & Events
 Grooming Report
 Newsletters

PLEASE MAIL THE COMPLETED FORM, PAYMENT AND WAIVER TO :
 FERNIE NORDIC SOCIETY
 PO BOX 843 FERNIE, BC V0B 1M0

Payment Methods
 Cheque or Cash with this form
 Please make cheques payable to
 Fernie Nordic Society

Volunteers make things happen! We are always looking for keen individuals to volunteer with our organization.

| | | | | |
|-----------------------------------------|-------------------------------------------|-------------------------------------|----------------------------------------|--------------------------------------------------|
| <input type="checkbox"/> Coaching | <input type="checkbox"/> Trail Ambassador | <input type="checkbox"/> Inventory | <input type="checkbox"/> Fundraising | <input type="checkbox"/> Saturday Morning Helper |
| <input type="checkbox"/> Events & Races | <input type="checkbox"/> Race Timing | <input type="checkbox"/> Membership | <input type="checkbox"/> Trails (Fall) | <input type="checkbox"/> Signage |

**** SDP and Race Team details on reverse ****

SKILL DEVELOPMENT PROGRAM

The Skill Development Program is for kids aged 3 and up. Weekly sessions on Saturdays at 10:30 AM at the Nordic Centre and on Tuesdays after school at the Nordic Centre, starting in January for 10 weeks.

Kids **must be members** to enroll, and **must be listed** on the waiver.

Bunnyrabbits (age 3-5): \$60 for Sat or Tue sessions

Jackrabbits (6 to 10): \$70 for Sat or Tue sessions

TrackAttack (11 to 16): \$75 both sessions

Select one set of sessions or both for additional training. It is highly recommended for TrackAttack skiers to attend both sessions.

The rental gear is for kids registered in lessons. This is not available this year for race team members nor adults.

| | First Child | Child #2 | Child #3 |
|---------------------------------|-------------------------------|-------------------------------|-------------------------------|
| Name | _____ | _____ | _____ |
| Bunnyrabbit - Saturdays | \$60 <input type="checkbox"/> | \$60 <input type="checkbox"/> | \$60 <input type="checkbox"/> |
| Bunnyrabbit (age 4+) - Tuesdays | \$60 <input type="checkbox"/> | \$60 <input type="checkbox"/> | \$60 <input type="checkbox"/> |
| Jackrabbit - Saturdays | \$70 <input type="checkbox"/> | \$70 <input type="checkbox"/> | \$70 <input type="checkbox"/> |
| Jackrabbit - Tuesdays | \$70 <input type="checkbox"/> | \$70 <input type="checkbox"/> | \$70 <input type="checkbox"/> |
| TrackAttack - Sat & Tue | \$75 <input type="checkbox"/> | \$75 <input type="checkbox"/> | \$75 <input type="checkbox"/> |

Child #1 Child #2 Child #3

Total Programs = \$ _____ + \$ _____ + \$ _____ = \$ _____ ⓑ

Ski Gear Rentals (for season) _____ x \$50 per set = \$ _____ ⓒ

Skate Rentals (for TrackAttack only) _____ x \$25 per set = \$ _____ ⓓ

As a guardian of a SDP skier, you will receive email updates on lessons. Please confirm you agree

RACE TEAM - FERNIE NORDIC RACERS

Skiers aged 9 to 21 with previous experience with the SDP program may join our Race Team, the Fernie Nordic Racers. Several training sessions weekly under the supervision of certified coaches. The racer's fee includes his/her individual membership fee.



| | First Child | Child #2 | Child #3 |
|---------------------------|--------------------------------|--------------------------------|--------------------------------|
| Name | _____ | _____ | _____ |
| Race Team - age 9 to 12 | \$375 <input type="checkbox"/> | \$375 <input type="checkbox"/> | \$375 <input type="checkbox"/> |
| Race Team - age 13 and up | \$425 <input type="checkbox"/> | \$425 <input type="checkbox"/> | \$425 <input type="checkbox"/> |

First Child Child #2 Child #3

Total Race Team = \$ _____ + \$ _____ + \$ _____ = \$ _____ ⓔ

IMPORTANT: Racers must also complete the Race Team Application Form

As a guardian of a racer, you will receive email updates on lessons. Please confirm you agree



CROSS COUNTRY CANADA
INFORMED CONSENT AND ASSUMPTION OF RISK AGREEMENT

By signing this document you will assume certain risks. Please read carefully.

1. This is a binding legal agreement. As a Participant in the sport of cross-country skiing and the programs, activities and events of **Cross Country Canada and Canadian Snowsports Association** (hereinafter called **CCC/CSA**), Cross Country BC (name of Ski Division, hereinafter called the **Division**) and Fernie Nordic Society Ski Club (name of Club, hereinafter called **Club**) which include without limitation cross-country skiing competitions, camps, clinics, and related activities such as roller-skiing, road cycling, running and hiking (hereinafter called the **Activities**), the Participant and/or the Parent/Guardian of the Participant (hereinafter called the **Parties**), acknowledge and agree to the following terms:

Description of Risks

2. The Participant is participating voluntarily in the **Activities**. In consideration of the Participant's participation in the **Activities** sanctioned by one or more of **CCC/CSA**, the **Division** and the **Club**, the **Parties** hereby acknowledge that they are aware of the risks, dangers and hazards associated with or related to the **Activities**, and may be exposed to such risks, dangers and hazards. The risks, dangers and hazards include, but are not limited to, injuries from:
- a) training whether indoor or outdoor including strength training, running, hiking, and cycling;
 - b) overusing, exerting and stretching various muscle groups and strenuous cardiovascular workouts;
 - c) vigorous physical exertion, rapid movements and quick turns and stops;
 - d) falling to the ground due to slips, trips or uneven, slippery or irregular terrain or surfaces;
 - e) contact, colliding or being struck by skis, ski poles, equipment, trees, other individuals or other fixed objects;
 - f) failing to participate within one's abilities, skill and within designated areas;
 - g) becoming lost or separated from the group or the group becoming split up;
 - h) failure to properly use any piece of equipment or from the mechanical failure of any piece of equipment;
 - i) extreme weather conditions which may result in frostbite, hypothermia, snowstorms, sunstroke or lightning strikes;
 - j) encounters with animals or plants including allergic reactions;
 - k) travel to and from training, competitive events and associated non-competitive events which are an integral part of **Activities**; and
 - l) other risks normally associated with participation in the **Activities**.
3. **Furthermore, the Parties are aware:**
- a) that injuries sustained may be severe, paralyzing or fatal;
 - b) that the Participant may experience anxiety or embarrassment while challenging themselves during the activities, events and programs of **CCC/CSA**, the **Division** and the **Club** ;
 - c) that the risk of injury is reduced if the Participant follows all rules established for participation; and
 - d) that the risk of injury increases as the Participant becomes fatigued.

Disclaimer

4. In consideration of **CCC/CSA**, the **Division** and the **Club** accepting the Participant's application for membership in the **Club** or allowing the Participant to participate, the **Parties** agree that **CCC/CSA**, the **Division** and the **Club** and its respective directors, officers, committee members, members, employees, volunteers, participants, agents and representatives are not responsible for any injury, personal injury, damage, property damage, expense, loss of income or loss of any kind suffered by the Participant during, or as a result of, any of the **Activities** sanctioned by one or more of **CCC/CSA**, the **Division** and the **Club**, caused by the risks, dangers and hazards associated with the **Activities**.

Acknowledgement

5. The **Parties** confirm that:
- a) the Participant's physical condition is sufficient to allow participation in the sport of cross-country skiing and the activities, events and programs of **CCC/CSA**, the **Division** and the **Club**;
 - b) they have been provided sufficient information about **Activities** and the associated risks and hazards so that they are aware of the effect of this agreement;
 - c) the Participant agrees to abide by the Rules and Regulations imposed by **CCC/CSA**, the **Division** and the **Club**, in association with the **Activities**, and to follow the instructions of the officials during the **Activities**; and
 - d) they have read this agreement understand it, have executed this agreement voluntarily, and that this agreement is to be binding upon the **Parties**, their heirs, executors, administrators and representatives.

Continues on next page...

6. In addition, the **Parties**:

- a) authorize **CCC/CSA**, the **Division** and the **Club** to collect and use personal information about the **Parties** which relates in any way to the **Activities**, including without limitation the publication of photographs in newsletters and promotional materials, and the posting of photographs, videos, articles, rosters, statistics, images and results on the **CCC/CSA**, the **Division** and the **Club** websites;
- b) grant permission to **CCC/CSA**, the **Division** and the **Club** to photograph and/or record the **Parties** image and/or voice, and to use this material to promote **CCC/CSA**, the **Division** and the **Club** through any form of and agree that the audio/visual material and copyright will remain the sole property of **CCC/CSA**, the **Division** and the **Club** and waive any claim to remuneration for use of audio/visual materials used for these purposes; and
- c) understand that they may withdraw such consent at any time by contacting Cross Country Canada at 403-678-6791. Cross Country Canada will advise the implications of such withdrawal.

We do not sell or distribute your personal information to any other third party not listed herein.

I, the Participant and/or Parent/Guardian, have read and agree to be bound by this agreement

Please list all members/Participants below:

| | |
|------------------|------------------|
| Name: _____ | Name: _____ |
| Date: _____ | Date: _____ |
| Signature: _____ | Signature: _____ |

| | |
|------------------|------------------|
| Name: _____ | Name: _____ |
| Date: _____ | Date: _____ |
| Signature: _____ | Signature: _____ |

NOTE: if the Member/Participant is under 19 years of age, parent or legal guardian MUST sign below.

| |
|----------------------------------|
| Name of Parent/Guardian: _____ |
| Date: _____ |
| Parent/Guardian Signature: _____ |

NOTE:

All Informed Consent and Assumption of Risk Agreements are to remain with the **Club Executive for a minimum of three years.**

DO NOT submit these forms to **CCC/CSA** or the **Division Office**