



Fernie Nordic Society News



July 2023 News

In this issue:

- Tomorrow, July 16, the Fernie Nordic Society holds its annual general meeting and will follow it with the Volunteer Appreciation Social at 4 pm. Read all the details below and remember to RSVP.
- New Wood Shed
- Bottle Returns
- Race Team news



Annual General Meeting & Volunteer Appreciation Social!



AGM & Social!
Elk Valley Nordic Centre
Sunday, July 16, 2023 @ 4 pm

Please join us for our Annual General Meeting and stay to celebrate our amazing volunteers! Bring yourself, your family, your favourite salad or dessert and we'll provide the pizza & drinks!

Please RSVP to fernienordic@gmail.com

Tomorrow, July 16, is the Annual General Meeting at 4 pm at the Elk Valley Nordic Centre. From events, programming, operations and more, we have so much to share with you and encourage your engagement in the conversation. Following the meeting, stay for dinner as we celebrate all of our dedicated volunteers and find out how you can get involved next season. Please RSVP to fernienordic@gmail.com.

New Firewood Shed for Nordic Centre



Several volunteers were busy this week building a shed for the firewood supply at the Nordic Centre. Pictured in the photo above is the team of volunteers on Tuesday having just finished the structure of the shed. Its metal roof was completed on Wednesday.

Can and Bottle Returns

We wish to thank everyone who have donated the deposits from their empties to the club this year. The club has collected \$750 during the last twelve months. Your generosity helps in funding our activities. Jason at the Fernie Bottle Depot has made it easy to accept your donations.



Race Team News

The sun is out, the trails are great, the school year is over, and the Fernie Nordic Racers are thriving during their summer training.

The race team summer training program started in late May with athletes training two to four times a week. Practices have been moved to the morning to beat the heat. For the older athletes training involves running, biking, hiking, roller skiing and strength workouts. On Tuesday all athletes participate in a run or hike while Monday and Thursday involve strength training for the older athletes. On Friday everyone practices on roller skis.

Along with these practices, athletes will also be training on their own. We will also be training with some of the other Kootenay clubs during the summer.

The race team members are grateful for the amazing weather and our environment and are thankful for the opportunity to train and grow during the hot summer months. Thank you to our coaches for supporting us.

Louison Dubief and Aurélie Smithson





Watch for the 2023-2024 membership drive to start by the end of August. It will be a great time for any keen young skier to join the regular training of the race team. Our monthly newsletter will have more details.

SNOW VALLEY LODGING
WHERE ADVENTURE AWAKENS

THE GUIDE'S HUT
Fernie's Authorized Retailer
of Salomon and Madshus
Nordic Equipment

671 2ND AVENUE WWW.THEGUIDESHUT.CA

Members enjoy a 10% discount
on all Nordic equipment when
they show their membership card.

FRESHIES
CAFÉ

Members enjoy 25% off any
pastry when you purchase 2
drinks.

Mugshots Bistro

Members enjoy 25% off any drink
when you buy something to eat.

Copyright © 2023 Fernie Nordic Society, All rights reserved.

Our mailing address is:
PO Box 843
Fernie B.C. V0B 1M0 Canada

Email Us at info@fernienordic.com