



Fernie Nordic Society News



September 2023 News

With fall upon us the Fernie Nordic Society is gearing up for a busy 2023/2024 season. Even though it is still early, Fernie Nordic Society has a few events already planned. Save the date for the following:

- October 21 - The great Pumpkin Hunt
- February 24 - Community Fun Races
- March 23 or 24 - Flying Viking Challenge

Early bird pricing is still on until September 30th, so get your pass renewed soon.

[Click here to Register](#)

Work Party on September 30

A work party is planned for Saturday morning September 30 at the Nordic Centre. Clean up of the staging area will be the focus. Past volunteers will be contacted directly but you can contact volunteers@fernienordic.com if you are interested in taking part.

Coaches Needed for Upcoming Season

The Fernie Nordic society is looking for more coaches to support our youth programming. The society provides funding for coach training as needed, but all you need is enthusiasm and we'll help you with the rest.

The season runs from January 2024 through March 2024 and the commitment is one hour each week for 10 weeks.

For more information, click on <https://www.fernienordic.com/contact-sdp/> or inquire at fernienordic@gmail.com.



The Great Pumpkin Hunt

This family favourite event will run October 21st this year. More details of the event will follow.

Grant for grooming expansion

The Fernie Nordic Society received \$1,800 through Columbia Basin Trust's ReDi (Resident Directed) Grant to support our Improvement of the Public Community Nordic/Multi-Use Trail Network Project. The funding will go towards expanding grooming behind the golf course. The project will include a 100 foot long wooden trail section over some soft ground.

More information and photos of the project will appear in the Newsletter as the work progresses.

Race Team News



After a fun summer of training, the Fernie Nordic Racers have returned to their school schedule and started fall training.

Race team athletes will be training every Tuesday and Friday with the team, and the older athletes will be doing cross-country running with their respective school teams to get more training and race opportunities. Tuesdays will involve strength training and running for the older athletes, and running and fitness games for the younger group. On Fridays both groups will be roller skiing round the track and the dike. The team also has some new members joining, which is very exciting!

During September 15th to 17th there is a dryland camp in Kimberley with the other Kootenay teams and our Fernie athletes are looking forward to it. There will also be a fun camp in Panorama for the younger athletes in November.

Everyone is ready to train hard and get ready for the ski season!

Louison Dubief and Aurélie Smithson

Funding for Roller Skis



The Race Team added five new pairs of roller skis for their Track Attack Dryland Training thanks to a grant from ViaSport B.C., the Province and support from Kal Tire.

The Track Attack program helps young athletes develop strong cross country skiing skills and use those skills to explore a wide range of ski activities.



Earlybird pricing for purchasing a membership is still on until Sept 30. The link to the Zone4 registration page is <https://zone4.ca/register.asp?id=32471>.

Our membership director, Laurie Bemi, will have the membership cards and renewal stickers available starting in November. The dates for pickup at local coffee shops will be announced later.



SNOW VALLEY LODGING
WHERE ADVENTURE AWAKENS



THE GUIDE'S HUT
Fernie's Authorized Retailer
of Salomon and Madshus
Nordic Equipment



671 2ND AVENUE

WWW.THEGUIDESHUT.CA

Members enjoy a 10% discount
on all Nordic equipment when
they show their membership card.



Mugshots Bistro

Members enjoy 25% off any drink
when you buy something to eat.

Copyright © 2023 Fernie Nordic Society, All rights reserved.

Our mailing address is:
PO Box 843
Fernie B.C. V0B 1M0 Canada

Email Us at info@fernienordic.com