



Fernie Nordic Society News

August 2025 News



Elk Valley Nordic Centre - March 2015

We hope you all are having a great summer! It has been a few months since our last newsletter. The volunteers of the Fernie Nordic Society have been busy planning the new season. This issue is full of important announcements.

If you'd like to become one of our volunteer coaches in our weekly Skill Development Program this winter, please let us know. Free training is provided for this rewarding position.

The photo above is a throwback to the opening day of the Elk Valley Nordic Centre.

Call for Board Nominations

Dear Members of the Fernie Nordic Society,

The Fernie Nordic Society Board of Directors invites nominations from our membership, in accordance with our bylaws.

We have 3 Director-at-Large positions up for election this year. We are currently seeking expressions of interest and nominations for individuals with expertise or experience with one or more of the following skills:

- Accounting
- Budget and forecasting
- Fundraising and Grant Writing
- Governance - knowledge about roles and responsibilities of a Director, Board and Staff
- Communication and Engagement
- Policy Development
- Experience in development of youth in sport

All nominees must be active members of the Fernie Nordic Society. Completed nomination forms must be submitted by **October 8th**. Please refer to the [Nomination Form](#) (linked below) and return it via email to info@fernienordic.com

Board members meet once per month for approximately 90 minutes. The board plays a vital role in guiding the organization's strategic direction, decision-making, and overall support to ensure the club's continued success and sustainability.

To learn more about the Fernie Nordic Society and review our bylaws, please visit www.fernienordic.com/fernienordic-society-by-laws/

Thank you for your continued support and engagement.

Warm regards,

Fernie Nordic Society Board of Directors

[Open Nomination Form](#)

FNS Apparel

You asked, we're delivering!

Many of you have asked about FNS apparel. We are happy to report that this upcoming season, we will be offering FNS branded t-shirts, hoodies & jackets for purchase!

There will be an option to show your interest when you purchase your membership.

Please know when purchasing apparel you are not only supporting and representing your club, but local small businesses such as Fernie's very own Giv' Er Shirt Works and our neighbours in Cranbrook's Anywear Garment.

You can see the proposed designs here:

[Jacket](#) [Hoodie & T-shirt](#)

Alisha



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Funding received from RDEK

On June 13, 2025, the Fernie Nordic Society received notice that our New & Upgraded Interpretive Signage Project was selected for funding through Columbia Basin Trust's ReDi Grants program. The Regional District of East Kootenays Board of Directors approved this project in the amount of \$1,900.

We look forward to replacing some of our existing signage out at the Elk Valley Nordic Centre to enhance our community members' and guests' overall experience this upcoming season.

Thank you CBT and RDEK for your support!

2025-2026 Membership & Programs Registration opening soon!

Mark your calendars! The membership and program registration for the new 2025-2026 season opens on August 23. Early bird membership pricing will be in effect until September 30, 2025.



The membership registration page is located at Zone4.ca as in previous years. Please use the link below starting on Aug 23 only. Enrollment into the SDP and Race Team programs is done at the same time.

There are a few changes this year. The early-bird period is back this year. The membership fees will increase slightly this year after the early-bird period is over. Older teens of our Skill Development Program may join the new Teen Rec category. Groups of 8 or more adults can register together and get a 10% discount on their membership fees.

Register at Zone4.ca - starting on August 23

Operations and Infrastructure

A work party is planned for later in the fall at the Elk Valley Nordic Centre. This will include our traditional jobs to be done before the ski season starts: cleanup of the trails, spreading wood chips in critical areas, stocking on firewood, widening and smoothing of the Evergreen trail, etc. Watch for an announcement with all the details at a later date!

Another good news! Handshake Holdings has told us that the Galloway Loop will be available again for skiing this coming winter. The access from the Fernie Alpine Resort still has to be confirmed but this is looking very good.

Cheers,

Mike de Jong
FNS Operations

Race Team News

At the 2025 BC Ski Team Haig Camp

During the month of July, I had the most amazing opportunity to attend a high-altitude training camp on the Haig glacier with the BC Ski Team. The Beckie Scott High-Performance Training Centre (BSHPTC) is situated at 2,900m with cooking and sleeping facilities. This seven-day camp gives athletes the opportunity to train with other teammates, get coached by high-level coaches and gain training expertise.

To get to the camp you take a 1.5-hour bus ride into the Peter Lougheed Provincial Park before starting your adventure. Along the way our ski and duffle bags get placed in nets to be flown by helicopter up to the camp. Once getting to the parking lot we started the 18km trek in. Along the way there is some stunning scenery and wildlife. Once reaching the top, we unpacked our stuff into the bunk room before heading over to the kitchen to play games or watch a movie.

Each day started early with a 7:00 AM breakfast, featuring a variety of options like oatmeal, cereal, yogurt, scrambled eggs, muffins, fruit salad, and sometimes pancakes. By 8:00 AM, we were on our way to the glacier. The 2.5-kilometre hike up to the snow took about 45 minutes, where we geared up and completed our morning ski sessions on snow — a rare treat in July. Post-ski, we'd hike or run back down to camp for lunch, which varied each day. Afternoons included a mix of recovery activities — stretching sessions, naps, and downtime — along with some classic camp entertainment like board games or movies. But the training didn't stop there. Afternoons often featured additional workouts, including challenging core sessions led by coaches Chris and Johnny, or runs into the surrounding valleys.

The physical demands of the camp were balanced by strong team bonding, shared meals, and evening stories around the dinner table. Each athlete had daily chores and was expected to complete a set number of pull-ups. Evenings were always relaxed and fun that usually included baking cookies or brownies, watching movies, and winding down together as a team. These moments helped build lasting friendships and a deeper appreciation for the shared experience.

I'm incredibly grateful to everyone who made this camp possible, especially Winsport and Cross Country BC (CCBC). Spending a week on the glacier — training, learning, and growing alongside passionate teammates and coaches — was truly a once-in-a-lifetime experience. The Haig Glacier camp pushed me physically and gave me memories I'll never forget.

Ella Fuller





SNOW VALLEY LODGING
WHERE ADVENTURE AWAKENS



THE GUIDE'S HUT

**Fernie's Authorized Retailer
of Salomon, Madshus and
Rossignol Nordic Equipment**



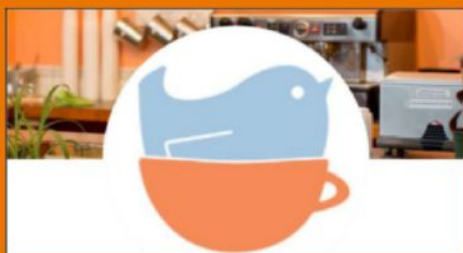
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WWW.THEGUIDESHUT.CA

**Members enjoy a 10% discount on
all Nordic equipment when they
show their membership card.**



Mugshots Bistro

**Members enjoy 25% off any drink
when you buy something to eat.**

FRESHIES
CAFÉ

**Members enjoy 10% off any
purchase when they show their
membership card.**



Our mailing address is:

PO Box 843

Fernie B.C. V0B 1M0 Canada

Email Us at info@fernienordic.com

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